



# Sacred Heart School | Salinas

Celebrating over 100 years of Quality Catholic Education

June 8, 2018

Dear Parents of Incoming First Graders,

I'd like to take this opportunity to introduce myself. My name is Rachel Meyers, and I will be your child's first grade teacher. It will be my first year at Sacred Heart School, but my 8th year teaching my favorite grade-- first! I'm so excited for this new year. Your children are going to learn so much and have a wonderful time doing it.

To prepare for our class it is important that students continue to practice academic skills every day over the summer! Please work on the following items:

- Read for at least 20 minutes per day
- Practice writing their first and last name (trying to use only uppercase letters for the first letter of the name and lowercase for the rest of the name)
- Review letters out of order and sounds
- Review numbers 1-30
- Review counting to 1-30 and skip counting by 5s and 10s!
- Practice writing to 1-30
- Know how to tie their own shoes
- Know their full name, phone number, birthday and parent's name
- Practice sight words 1-50 (see chart below)

## Sight Words to Practice

a	I	at	it	if	no	my	an	in	is
and	the	he	on	up	we	to	two	her	can
see	has	him	like	his	had	be	you	not	but
for	so	as	did	of	some	was	or	will	do
just	most	by	all	its	down	are	one	from	have

Have a great summer and I am looking forward to meeting you in August!

Sincerely,  
*Mrs. Meyers*